



Young Americans Christian School February 2019 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1-Feb
				Pizza Fries Salad Fruit Choice of milk,soda,water Grab and Go: Cheeseburger
MONDAY 4-Feb French Toast Sausage Links Hashbrowns Grits/Fruit Choice of milk,soda,water Grab and Go: Corndogs	TUESDAY 5-Feb Beef Tacos Pinto Beans Yellow rice Brownie Choice of milk,soda,water Grab and Go: Meatball Subs	WEDNESDAY 6-Feb Chicken Tenders Mashed Potatoes Corn Fruit Choice of milk,soda,water Grab and Go: Chicken Sandwich	THURSDAY 7-Feb Chopped Beef Carrot Souffle Green Beans Jello Choice of milk,soda,water Grab and Go: Hot Dogs	FRIDAY 8-Feb Pizza Fries Salad Fruit Choice of milk,soda,water Grab and Go: Chicken Bacon Wrap
MONDAY 11-Feb Fried Fish Sticks Macaroni and Cheese Corn Pudding Choice of milk,soda,water Grab and Go: Cheeseburger	TUESDAY 12-Feb Baked Lasagna Broccoli Yellow Rice Fruit Choice of milk,soda,water Grab and Go: CornDogs	WEDNESDAY 13-Feb Pancakes Sausage Pattie Biscuit Grits/Fruit Choice of milk,soda,water Grab and Go: Turkey&Cheese Sub	THURSDAY 14-Feb Chicken Tenders Green Beans Broccoli Rice Casserole Cookies Choice of milk,soda,water Grab and Go: Hot Dogs	FRIDAY 15-Feb Pizza Fries Salad Fruit Choice of milk,soda,water Grab and Go: Chicken Sandwich
MONDAY 18-Feb Winter Break	TUESDAY 19-Feb Winter Break	WEDNESDAY 20-Feb Winter Break	THURSDAY 21-Feb Winter Break	FRIDAY 22-Feb Winter Break
MONDAY 25-Feb Chicken Tenders Mashed Potatoes Corn Jello Choice of milk,soda,water Grab and Go: Hot Dogs	TUESDAY 27-Feb CHICKEN FRIED STEAK MASHED POTATOES GREEN BEANS APPLE COBBLER Choice of milk,soda,water Grab and Go: Chicken Sandwich	WEDNESDAY 28-Feb Beef Burritos Yellow Rice Pinto Beans Fruit Choice of milk,soda,water Grab and Go: Grilled Cheese	THURSDAY 28-Feb Baked Spaghetti and Meatsauce Broccoli Corn Garlic Bread Choice of milk,soda,water Grab and Go: Meatball Sub	

Choice of milk, soda, water each day. In addition to the main hot meal, there will be a sandwich option, salad bar option, and a GRAB and Go selection daily. **GRAB and GO selections** will rotate items such as chicken sandwiches, hamburgers, hot dogs, wraps, subs, etc. along with fries or potato chips.