



# Young Americans Christian School November 2018 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1-Nov	FRIDAY 2-Nov
			<p>Chopped Steak Mashed Potatoes Green Beans Applesauce</p> <p>Choice of milk,soda,water Grab and Go: Chicken Sandwich</p>	<p>Pizza Tossed Salad Fries Fruit</p> <p>Choice of milk,soda,water Grab and Go: Hot Dogs</p>
<p><b>MONDAY 5-Nov</b></p> <p>Soft Tacos Yellow Rice Pinto Beans Pudding</p> <p>Choice of milk,soda,water Grab and Go: Cheeseburger</p>	<p><b>TUESDAY 6-Nov</b></p> <p>Pancakes / French Toast Sausage Links Grits/Hashbrowns Fruit</p> <p>Choice of milk,soda,water Grab and Go: Corndogs</p>	<p><b>WEDNESDAY 7-Nov</b></p> <p>Fried Fish Macaroni Peas and Carrots Jello</p> <p>Choice of milk,soda,water Grab and Go: Grilled Cheese Sandwich</p>	<p><b>THURSDAY 8-Nov</b></p> <p>Chicken Tenders Mashed potatoes Peas and Carrots Brownie</p> <p>Choice of milk,soda,water Grab and Go: Buffalo Chicken Wrap</p>	<p><b>FRIDAY 9-Nov</b></p> <p>Pizza Tossed Salad Fries Fruit</p> <p>Choice of milk,soda,water Grab and Go: Chicken Sandwich</p>
<p><b>MONDAY 12-Nov</b></p> <p>Baked Pasta w/Meatsauce Green Beans Corn Fruit</p> <p>Choice of milk,soda,water Grab and Go: Ham and Cheese Sub</p>	<p><b>TUESDAY 13-Nov</b></p> <p>Chopped Beef Steak Mashed Potatoes Buttered Carrots Chocolate Chip Cookie</p> <p>Choice of milk,soda,water Grab and Go: Cheeseburger</p>	<p><b>WEDNESDAY 14-Nov</b></p> <p>Teriyaki Chicken Rice Pilaf Broccoli Fruit</p> <p>Choice of milk,soda,water Grab and Go: Hotdogs</p>	<p><b>THURSDAY 15-Nov</b></p> <p>Fried Fish Macaroni and Cheese English Peas Brownie</p> <p>Choice of milk,soda,water Grab and Go: Turkey and Bacon Wrap</p>	<p><b>FRIDAY 16-Nov</b></p> <p>Pizza Tossed Salad Fries Fruit</p> <p>Choice of milk,soda,water Grab and Go: Chicken Sandwich</p>
<p><b>MONDAY 19-Nov</b></p> <p>Thanksgiving Break</p>	<p><b>TUESDAY 20-Nov</b></p> <p>Thanksgiving Break</p>	<p><b>WEDNESDAY 21-Nov</b></p> <p>Thanksgiving Break</p>	<p><b>THURSDAY 22-Nov</b></p> <p>Thanksgiving Break</p>	<p><b>FRIDAY 23-Nov</b></p> <p>Thanksgiving Break</p>
<p><b>MONDAY 26-Nov</b></p> <p>Chicken Tenders Macaroni and Cheese Green Beans Fruit</p> <p>Choice of milk,soda,water Grab and Go: Corndogs</p>	<p><b>TUESDAY 27-Nov</b></p> <p>Chicken Fried Steak White rice Peas and Carrots Jello</p> <p>Choice of milk,soda,water Grab and Go: Meatball Sub</p>	<p><b>WEDNESDAY 28-Nov</b></p> <p>Baked Spaghetti Corn Broccoli Fruit</p> <p>Choice of milk,soda,water Grab and Go: Chicken Sandwich</p>	<p><b>THURSDAY 29-Nov</b></p> <p>Chopped Beef Steak Mashed Potatoes Blackeyed Peas Chocolate Chip Cookie</p> <p>Choice of milk,soda,water Grab and Go: Hotdogs</p>	<p><b>FRIDAY 30-Nov</b></p> <p>Pizza Tossed Salad Fries Fruit</p> <p>Choice of milk,soda,water Grab and Go: Cheeseburger</p>

Choice of milk, soda, water each day. In addition to the main hot meal, there will be a sandwich option, salad bar option, and a GRAB and Go selection daily.

**GRAB and GO selections** will rotate items such as chicken sandwiches, hamburgers, hot dogs, wraps, subs, etc. along with fries or potato chips.